**My Home, My Way**

**In-Person Workshop in Wangaratta**

**Thursday, 29 May 2025 – 9.15 am to 4.30 pm**

**What is this workshop about?**

Home is a vital part of our lives. It not only provides us with security, privacy, comfort and control but it reflects our identity, our adulthood and our deep sense of who we are and how we connect and belong in our neighbourhood. Yet for many people, particularly with intellectual disability and autism, home is designed by others with little control over the decisions that most people take for granted. In this webinar series, through the journey of others, we will explore individualised and innovative ways that people with a disability have created their own home, while getting the support they need.

In this practical and down to earth workshop we will explore some of the essential elements of individualised, supported living, a range of home options and creative supports, including Homeshare.

**Topics covered in this webinar series:**

* What does it really mean to have your own home and is it possible?
* Creating and holding a personalised vision for home,
* First steps to consider when creating a home of your own that’s unique to you,
* Living in your own home and settling in,
* A range of home options and creative supports,
* Addressing barriers, challenges and fears,
* Home as a part of community and neighbourhood,
* Setting up for long term safety and success, and
* Stories about people living in their own home with a range of supports.

**Who is this workshop for?**

This workshop will be relevant to those supporting people with developmental disabilities. It will be of particular interest to families and advocates as they think through how their son or daughter might move into, and thrive in a home they can call their own.

**Feedback from Previous Participants**

Transformational. Real life stories. It’s possible for our son to have a “normal” good living  
arrangement in the future. Enlightening and fantastic – I look forward to taking the information back to others. Inspiring, refreshing and wonderful. Changed my mindset about planning for my daughter’s future. It’s a progressive thinking and empowering way of action. Motivating. Thought provoking. Just excellent. It’s all possible. Creativity. Informative in an area I have not had the opportunity to explore.

**Speakers**

**Deb Rouget** is the CEO of Belonging Matters.  For nearly 30 years, she has been involved in the lives of people with a disability and their families and has gained much practical experience and wisdom about imagining and designing supports that enable people with intellectual disability to live in their own home with a range of personally tailored support. Through her work at Belonging Matters, she has led a number of initiatives including the Building Community Networks project which facilitates Circles of Support, 19 Stories of Inclusion and Talks That Matter. Currently she is leading the National Alliance of Capacity Building Organisations’ (NACBO) My Home, My Way project. She also mentors and consults with people with a disabilities, families and others in regard to community and belonging.

**Teresa Micallef** has always chosen to work at the cutting edge of change in community and has worked alongside people with disabilities and their families for over 25 years. For 9 years she was the Coordinator of a family governed service called Living Distinctive Lives in which each person with intellectual disability and/or autism developed their own vision for home and then moved into their own place with a range of personally tailored support. Currently Teresa is the Project Manager of Building Community Networks at Belonging Matters which facilitates Circles of Support. Teresa has been impressed by the power, creativity and resilience of people who experience disability, their families and networks to foster community pathways and opportunities for genuine inclusion.

**Booking Information**

**Please note that this workshop is an in-person event, held at the Wangaratta Performing Arts & Convention Centre.**

Ticket prices range from $0.00 up to $75.00. For people with disabilities and their families who may find the ticket fee unattainable at this time, access to this webinar is free. Please see options listed in Humanitix.

Registrations are only available online. **Bookings close 22 May 2025**

**Accessibility**

We aim to ensure that people have equal access to our events. If you need alternative formats or other reasonable adjustments, please contact us by email: info@belongingmatters.org or call 03 9739 8333 with your request by 15 May 2025 so that arrangements, where possible, can be made.

[Humanitix Link to book your ticket to My Home, My Way](https://events.humanitix.com/my-home-my-way-wangaratta)

**For Further Information Contact Belonging Matters**

Phone: 03 9739 8333  
Email: info@belongingmatters.org  
Web: www.belongingmatters.org

This event is brought to you by Belonging Matters as part of the My Home, My Way initiative by [National Alliance of Capacity Building Organisations (NACBO)](https://www.nacbo.org.au/).  
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