# Towards a Better Life – In Person Event with Option to Attend Online (Text Only)

# What this workshop is about

This 2-day event will inspire participants to reflect on the value of obtaining the good things in life and consider how we may support people who may have been marginalised or disadvantaged to have better lives and greater involvement in their communities.

# What we will discuss in this course

* Understand social devaluation and its consequences
* Learn about Social Role Valorisation as a means of addressing experiences of devaluation
* Strengthens one’s motivation to counteract devaluation
* Clarify the qualities of the good things in life and how they might be facilitated.
* Understand the importance of valued social roles and how to develop roles that lead to authentic inclusion in one’s community.

You will also hear some ‘real life’ stories from people who were inspired by this workshop and how they have changed the course of their life! This course will use a combination of lecture, interactive exercises, reflection and discussion!

# Who is this course for?

This course is for anyone who is serious about improving the lives of people who may be at risk of being marginalised or disadvantages, such as people with disabilities, people with a mental illness, people who are ageing and people experiencing poverty or homelessness. It would be of particular interest to people with a disability, their families, students, support workers, planners, LACs, NDIS personnel, professionals, managers, CEO’s, policy makers, people in leadership positions and other concerned citizens.

# Guest Speakers

**John Armstrong** has a long involvement in the lives of people with disabilities, in informal advocacy and friendship roles as well as the formal roles of service provider, teacher, adviser and service planner. John is one of two senior Social Role Valorisation and Passing trainers in Australia. He is particularly interested in uncovering the reasons behind the abuse of vulnerable people and the things that influence beneficial instead of detrimental actions. His events seek to increase consciousness and the development of the qualities needed by people who intend to act with integrity and leadership.

**Kylie Duncis** has worked in various roles alongside people with disabilities and their families for the past 20 years. She currently works for Community Living Project as a Circle of Support Facilitator. Kylie previously worked as a Manager of a group home, a Support Co-ordinator and a Support Worker. She taught Certificate 4 in Disability for a Community Services Registered Training Organisation. SRV is at the core of her work and something she is very passionate about. Kylie has a passion for teaching and information sharing, in particular about SRV. This has led to her being a member of the ASRVA SRV Educators study group, led by Jane Sherwin to further grow her knowledge and skills to teach SRV.

**Feedback from previous participants**

This course has helped support workers to understand how to support our daughter with respect and dignity and understand the importance of valued roles.” **(Parent)** “Social Role Valorisation has been the basis for my work for many years and has led to the authentic inclusion of the many people I have supported.” **(Planner)** “Concentrating on valued roles has led to many opportunities for my daughter to be included and welcomed by her community.” **(Parent)** “A refreshingly deep look at our past, our judgements and their impact on our practice and everyday interactions and assumptions. I enjoyed the challenge and the reminder to look deeper.“  **(Co-ordinator)** This workshop is an invaluable resource for those who truly want a practical approach to supporting vulnerable people into experiencing ‘the good life’.

John Armstrong is an engaging presenter who brings a wealth of experience.” **(Trainer and teacher)** “This workshop is fundamental in regard to understanding the actions that lead to isolation and exclusion. It raises consciousness and reconceptualises thinking - leading to actions that value and empower the people we support. A must for all staff.” **(CEO)**

# Event Details

Attend in person at Murrumbeena Park Community Hub or you can attend online. This 2-day event is held on 7 and 8 March, 9 am to 4.30 pm.

# How to Book Your Ticket

To book a ticket please visit our [Humanitix Booking Link](https://events.humanitix.com/towards-a-better-life-yxuryaa4)

# Ticket Information

Ticket prices start from AUD$80.00 and includes GST unless otherwise stated.

The ticket price includes access to the content and handout material over 2 days. If attending in person, the price includes morning/afternoon tea and lunch. If attending online, the price includes access to the streaming service.

Registrations are only available online. Please read our [ticket terms and conditions and refund policy](https://www.belongingmatters.org/policiesandprocedures) before booking your ticket.

**Registrations close on 4 March 2024.**

# Accessibility

We aim to ensure that people have equal access to our events. If you need alternative formats or other reasonable adjustments at this event, please provide details when you register your booking online.

For further information please phone 03 9739 8333 or email info@belongingmatters.org