

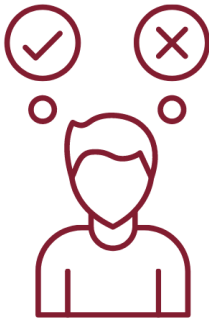


Webinar

# Decision Making Webinar

Free training to help you get better at making decisions.

## What is the Decision Making webinar about?



You make decisions every day.

You think about what you want to eat and wear.

You think about what you want to do for a job, where you want to live and lots of other things.



Your decisions show other people:

- Who you are
- Who you want to be
- What matters to you
- What you want to do with your life

This webinar is brought to you by Belonging Matters through the financial support of a Department of Social Services (DSS), Information and Capacity Building grant.



Some decisions can be hard.

Like, should I move house or stay in the same house?

Sometimes, we all need help to make decisions.



This webinar is about getting better at making decisions.

We will talk about 10 things you can do to get better at making decisions.



You will hear talks about:

- Believing you can make decisions
- How to get good support
- How to get the right information
- Trying different things
- Taking your time to make decisions
- Making sure you get to have the final decision

## Who is the Decision Making webinar for?



The webinar is for people who want to get better at making decisions.



The webinar is for people with intellectual disability or learning difficulties.

The talks in this webinar are in easy English.



You can bring someone with you who can support you during the webinar.

Your support person **must** come to this webinar with you, they can not attend without you.

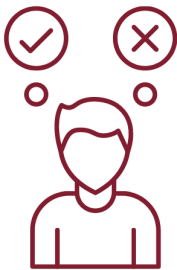
## Who is speaking at this webinar?



Michelle Browning has her own business which is all about decision making.

Michelle's business is called Decision Agency.

Michelle teaches people how to make decisions.



Michelle also teaches people how to help other people make decisions.

Michelle learned about decision making by doing research in Canada.



Michelle thinks it is very important that all people get to make their own decisions.



Michelle wants to stop some people having their right to make decisions taken away. This can be done by making sure people get the help they need to make decisions.

## What other people say about this webinar



“Because my Mum and Dad will not be around all the time, this webinar helped me to learn how to make decisions. If your support person is with you, they can learn how to help you to make decisions”.

## How much will the webinar cost?



It is free for you and your support person to attend this Zoom webinar.

## How do I get a ticket to attend this Decision Making webinar?



You will need to book your ticket online using the **Eventbrite Booking Link** on this information flyer.



[Click here to go to the Eventbrite Booking Link](#)

Bookings will close on 24 May 2022.

## What date and time is the webinar happening?



Thursday, 26 May 2022

10 am to 12 noon

## How do I get to the webinar?



This webinar will be on the video platform Zoom.

You will watch the video on your computer.



An online link will be sent to you by email closer to the webinar date. You will click on the link in the email to enter the webinar.

## Who do I contact if I have some questions?



You can contact **Belonging Matters** by calling on your phone or you can write an email.

