

My Home, My Way

A workshop to assist people with a disability to create and thrive in their own home

Wangaratta

29 May 2025 | 9.15 am to 4.30 pm



What is this workshop about?

Home is a vital part of our lives. It not only provides us with security, privacy, comfort and control but it reflects our identity, our adulthood and our deep sense of who we are and how we connect and belong in our neighbourhood. Yet for many people, particularly with intellectual disability and autism, home is designed by others with little control over the decisions that most people take for granted.

In this practical and down to earth workshop, we will explore individualised and innovative ways that people with intellectual disability have created their own home, while getting the support they need. We will explore some of the essential elements of individualised, supported living, a range of home options and creative supports, including Homeshare.

What we will discuss in this workshop:

- What does it really mean to have your own home and is it possible?
- Creating and holding a personalised vision for home.
- First steps to consider when creating a home of your own that's unique to you.
- Living in your own home and settling in.
- A range of home options and creative supports.
- Exploring neighbourhood.
- Addressing barriers and challenges.
- Setting up for long term safety and success.
- Stories about people living in their own home with a range of supports.

This is a 1 day in-person workshop.

Participants need to be prepared to participate in individual and group activities.

Who is this event for?

This workshop will be relevant to those supporting people with developmental disabilities. It will be of particular interest to families and advocates as they think through how their son or daughter might move into, and thrive in a home they can call their own.

Speakers



Deb Rouget is the CEO of Belonging Matters. For nearly 30 years, she has been involved in the lives of people with a disability and their families and has gained much practical experience and wisdom about imagining and designing supports that enable people with intellectual disability to live in their own home with a range of personally tailored support. Through her work at Belonging Matters, she has led a number of initiatives including the Building Community Networks project which facilitates Circles of Support, 19 Stories of Inclusion and Talks That Matter. Currently she is leading the National Alliance of Capacity Building Organisations' (NACBO) My Home, My Way project. She also mentors and consults with people with a disabilities, families and others in regard to community and belonging.



Teresa Micallef has always chosen to work at the cutting edge of change in community and has worked alongside people with disabilities and their families for over 25 years. For 9 years she was the Coordinator of a family governed service called Living Distinctive Lives in which each person with intellectual disability and/or autism developed their own vision for home and then moved into their own place with a range of personally tailored support. Currently Teresa is the Project Manager of Building Community Networks at Belonging Matters which facilitates Circles of Support. Teresa has been impressed by the power, creativity and resilience of people who experience disability, their families and networks to foster community pathways and opportunities for genuine inclusion.

Feedback from Previous Participants



Transformational. Real life stories. It's possible for our son to have a "normal" good living arrangement in the future. Enlightening and fantastic – I look forward to taking the information back to others. Inspiring, refreshing and wonderful. Changed my mindset about planning for my daughter's future. It's a progressive thinking and empowering way of action. Motivating. Thought provoking. Just excellent. It's all possible. Creativity. Informative in an area I have not had the opportunity to explore.

Event Booking Information



Thursday, 29 May 2025



9.15 am to 4.30 pm



Wangaratta Performing Arts & Convention Centre

33-37 Ford Street
Wangaratta, Victoria
(Memorial Hall B)

REGISTER NOW

Registrations are through Humanitix

Ticket Pricing

Ticket pricing ranges from AUD \$0 to \$75 and includes morning/afternoon tea and lunch.

For people with disabilities and their families unable to use NDIS funding or who find the ticket price a barrier at this time, access to this event is free.

Please see the [Humanitix Event Listing](#) for full details.

Accessibility

We aim to ensure that people have equal access to our events. If you need alternative formats or other reasonable adjustments at this event, please provide details when you register your booking online.

For further information please contact Belonging Matters.

This workshop/webinar is brought to you by Belonging Matters as part of the My Home, My Way initiative by [National Alliance of Capacity Building Organisations \(NACBO\)](#).

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Contact Belonging Matters



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